

Isolation is the KEY to Manipulation.

Isolation. The act of isolating, or the state of being isolated, insulation, separation; loneliness.

Manipulation. A method of changing an individual's attitudes or allegiances through the use of drugs, torture or psychological techniques, any form of indoctrination, alluding to the literal erasing of what is in or on one's mind.

Brain Washing used to be associated exclusively with the act or practice of manipulating. The state of being manipulated. Shrewd or devious management, especially for one's own advantage. Indirect control, as of an advisor; power to affect the opinions.

**If you isolate the target
You can say what you want about them.
If you isolate the victim and only allow
Contact with allies You have complete control**

An Alienation Tactic